

PARENT/CHILD DANCE & MOVEMENT

Happy Seeds Yoga

Yoga Play with your Toddler

Yoga comes to life in these fun and creative classes designed to stimulate a young child's growing curiosity. In this class, caretakers and littles will hold yoga poses, do animated breathing exercises and dance. Children will spark their inner yogini while learning emotional calming skills, enhancing language development and motor coordination. (No class 11/28, 2/13, 4/17)

AGE:1-4

19743	Thu	9/12-10/17	10-10:45am
19745	Thu	10/31-12/12	10-10:45am
19746	Thu	1/16-2/27	10-10:45am
19747	Thu	3/13-4/24	10-10:45am

R \$96/NR \$116

LOCATION: NKCC

INSTRUCTOR: MAYLEN ARROYO ALVAREZ

Parent & Little Barre Class

Come join in this class for parents that's an ease-back-to-movement format combining dance, yoga, and Pilates, all while taking into consideration your postpartum healing journey. No childcare? No problem! Kids ~0-5yo are welcome to tag along, and multiple kiddos are ok, too. (No class 11/29)

AGE:18+

19738	Fri	9/13-10/18	10:15-11:15am
19739	Fri	11/1-12/13	10:15-11:15am

R \$66/NR \$79

19740	Fri	1/10-2/7	10:15-11:15am
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R \$55/NR \$66

19741	Fri	2/21-4/4	10:15-11:15am
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R \$77/NR \$92

LOCATION: NKCC

INSTRUCTOR: STEPHANIE LADUKE

Kids in Motion Parent/Child

Up and over, under and through, balls and streamers, tunnels and YOU! Meet friends, build confidence, and have FUN developing large muscle motor skills. This program progresses with your children...they'll be crawling, climbing, balancing, and bouncing their way through each class! Child must be walking! (No class 11/26, 11/27)

PARENT/CHILD MOTION I

Child must be walking!

AGE:1½-2½

19864	Tue	9/10-10/15	10:20-11:05am
19877	Wed	9/11-10/16	10:20-11:05am
19867	Tue	10/29-12/10	10:20-11:05am
19878	Wed	10/30-12/11	10:20-11:05am
19871	Tue	1/7-2/11	10:20-11:05am
19913	Wed	1/8-2/12	10:20-11:05am
19872	Tue	2/25-4/1	10:20-11:05am
19914	Wed	2/26-4/2	10:20-11:05am

R \$57/NR \$68

LOCATION: NKCC

TUESDAY INSTRUCTOR: TBD

WEDNESDAY INSTRUCTOR: JANICE GOEBEL

PARENT/CHILD MOTION II

AGE:2-3

19863	Tue	9/10-10/15	9:30-10:15am
19875	Wed	9/11-10/16	9:30-10:15am
19879	Wed	9/11-10/16	11:15am-12pm
19866	Tue	10/29-12/10	9:30-10:15am
19876	Wed	10/30-12/11	9:30-10:15am
19880	Wed	10/30-12/11	11:15am-12pm
19869	Tue	1/7-2/11	9:30-10:15am
19911	Wed	1/8-2/12	9:30-10:15am
19915	Wed	1/8-2/12	11:15am-12pm
19870	Tue	2/25-4/1	9:30-10:15am
19912	Wed	2/26-4/2	9:30-10:15am
19916	Wed	2/26-4/2	11:15am-12pm

R \$57/NR \$68

LOCATION: NKCC

TUESDAY INSTRUCTOR: TBD

WEDNESDAY INSTRUCTOR: JANICE GOEBEL



Twirling Two's - Parent/Child

Don't wait until you're three to twirl! Bring your parent in their sweats (it's ok), and twirl to the music in your own special way. When you turn three, you'll be ready, we bet, for Preschool Dance A and a pirouette! All genders welcome. (No class 11/27)

AGE:2

20040	Wed	9/11-10/16	9:45-10:30am
20046	Wed	10/30-12/11	9:45-10:30am
20047	Wed	1/8-2/12	9:45-10:30am
20048	Wed	2/26-4/2	9:45-10:30am

R \$57/NR \$68

LOCATION: NKCC

INSTRUCTOR: KATE KINGERY

Parent and Kid Zumba

Experience the joy of dancing together! This class will focus on the bonding experience between kids & parents / caregivers with the help of dance, music, and movement. During the class, everyone will enjoy dancing with various props. (No class 1/23 & 2/13)

AGE:3-6

19650	Thu	9/12-10/10	5-5:45pm
19652	Thu	1/9-2/20	5-5:45pm
19653	Thu	2/27-3/27	5-5:45pm

R \$90/NR \$108

19651	Thu	10/31-11/21	5-5:45pm
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R \$72/NR \$86

LOCATION: NKCC

INSTRUCTOR: TANYA DANCE FITNESS

PARENT/CHILD ART & MUSIC

Parent/Child Art

Preschoolers develop observation skills, creativity, self-expression, and confidence in this class where you might make slime from hair conditioner, paint with marshmallows, and create puffy paint with shaving cream.

Knick Knack Welcome Back!

It's back to school time, so grab a smock and join the fun while we make fall come alive with apples, leaf art and more!

AGE:2½-3½
 20069 Tue 9/10-9/24 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE



Jack-O-Lantern Jamboree!

Spiders and pumpkins and ghosts, oh my! Don't be afraid, they're cute, friendly, and fun to make and when you are done, it's a project to take.

AGE:2½-3½
 20070 Tue 10/8-10/22 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE

ASK US
 ABOUT OUR
 SCHOLARSHIP
 PROGRAM
 See page 41

Wibble Wobble Gobble Gobble

We are whipping up some pumpkin pie dough, rainbow turkeys, and more in this class that will have you "thankful" you signed up!

AGE:2½-3½
 20071 Tue 11/5-11/19 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE

Mittens and Mistletoe

Holiday inspired arts and craft projects are planned...think silver and gold and let the glitter unfold!

AGE:2½-3½
 20072 Tue 12/3-12/17 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE

Frosty and Friends

What to do when it's cold and frosty outside? Come inside where we'll make indoor snow, snowmen, and more!

AGE:2½-3½
 20073 Tue 1/7-1/21 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE



Be Mine...Valentine

Roses are red, hearts are too, it's a lovable class for lovable you. We'll bring out the lace, the red, and the pink, we'll make everything as sweet as you can possibly think!

AGE:2½-3½
 20075 Tue 2/4-2/18 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE

Lucky Charms and Leprechauns

Blarney Stones and rainbows and pots o' gold for taking, lucky charms and shamrocks are crafts you will be making. Lucky you!

AGE:2½-3½
 20076 Tue 3/4-3/18 9:30-10:15am
 R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: MONIQUE BAYNE

Indoor Playground Drop-In Play

AGE
9M-5YRS

Join the fun, climbing, riding, pushing, pulling, and spinning. There's lots of active fun in our Indoor Playground. For babies we also include busy boxes, and a variety of toddler and baby toys. Adults must supervise children at all times. (No drop-in play 10/16, 11/27)

NO PRE-REGISTRATION DROP-IN PROGRAM
 \$35 for a 10-punch card OR \$4/visit/person

2024	Wed	9/18-12/18	10am-1pm
2025	Wed	1/8-4/9	10am-1pm

LOCATION: NKCC

PARENT & CHILD

Messy Art for Twos with Parent

Tickle your two-year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess!

AGE:2			
20062	Tue	9/10-9/24	10:30-11:15am
20063	Tue	10/8-10/22	10:30-11:15am
20064	Tue	11/5-11/19	10:30-11:15am
20065	Tue	12/3-12/17	10:30-11:15am
20066	Tue	1/7-1/21	10:30-11:15am
20067	Tue	2/4-2/18	10:30-11:15am
20068	Tue	3/4-3/18	10:30-11:15am

R \$30/NR \$36

LOCATION: NKCC
INSTRUCTOR: MONIQUE BAYNE



Boogie and Books

Join Miss Karen while she shares whimsical engaging stories and music with instruments to sing-a-long and boogie to! Bring a snack to enjoy in the park. Program is located at North Rose Hill Park Picnic Shelter during September-October and again starting on March 31 and at North Kirkland Community Center November-March 24. (No class 11/11, 2/17, 4/14)

AGE:2-5			
19695	Mon	9/9-9/30	10-11am
19696	Mon	10/7-10/28	10-11am
19948	Mon	1/27-2/24	10-11am
19700	Mon	3/3-3/24	10-11am
19701	Mon	3/31-4/28	10-11am

R \$41/NR \$49

19697	Mon	11/4-11/25	10-11am
19698	Mon	12/2-12/16	10-11am

R \$31/NR \$37

LOCATION: NKCC (NOV-MAR)
NORTH ROSEHILL WOODLANDS PARK (APR-OCT)
INSTRUCTOR: KAREN RENFROE-GIELGENS



PARENT/CHILD COOKING

Cooking for Preschoolers

In this changing monthly themed parent/child cooking class, get ready to peel, pour, shred, shake, bake, mash and more! Class held at McAuliffe Park, see receipt for location details. These are parent/child classes. (No class 4/16)

APPLE OF MY EYE

AGE:2½-4½			
19702	Wed	9/11-10/2	10:30-11:30am

R \$60/NR \$72

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

LITTLE PUMPKIN PIE

AGE:2½-4½			
19703	Wed	10/9-10/30	10:30-11:30am

R \$60/NR \$72

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

OODLES OF NOODLES

AGE:2½-4½			
19704	Wed	11/6-11/20	10:30-11:30am

R \$45/NR \$54

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

GINGERBREAD HOUSE

AGE:2½-4½			
19705	Wed	12/4	10:30am-12pm
20145	Wed	12/11	10:30am-12pm

R \$20/NR \$24

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

HUGS AND CHOCOLATE KISSES

AGE:2½-4½			
19706	Wed	2/5-2/26	10:30-11:30am

R \$60/NR \$72

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

LITTLE SPUDS AND TINY TATERS

AGE:2½-4½			
19707	Wed	3/5-3/26	10:30-11:30am

R \$60/NR \$72

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

ITTY BITTY BREAKFAST CLUB

AGE:2½-4½			
19708	Wed	4/2-4/30	10:30-11:30am

R \$60/NR \$72

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

PARENT/CHILD GENERAL PROGRAMS

Self Defense for Children with Parent

Keep the magic of childhood safe in these low-key, friendly, age-appropriate safety skills classes for girls and boys ages 5-8. Learn about risks facing your kids, how to frame the discussion with children, and recognize when someone may be targeting your family. This is a parent/child class.

AGE:5-8			
19807	Sat	10/12	12-1:15pm
19808	Sat	2/22	12-1:15pm

R \$40/NR \$48

LOCATION: NKCC
INSTRUCTOR: STRATEGIC LIVING, LLC

PRESCHOOL ACTIVITIES

Most classes held at:
 NKCC - North Kirkland
 Community Center
 12421 103rd Ave NE
 425-587-3350

Preschool Class Requirements:
 Children must be able to follow directions and participate in small group setting without a parent. Please take your child to the bathroom before class. No siblings other than infants in carriers; registered participants only. Refer to class description for "no class" dates.

Please be on time for drop-off and pick-up! If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a refund will be issued. No makeups are available for missed classes.

GENERAL PROGRAMS

Playschool Prep

Through science, art, literacy, and sensory activities, we will engage your child's social, cognitive and language skills in this fun play-based class.

We want playschool to be a fun introduction to a classroom setting.

We engage in circle times, STEAM activities and beginning literacy appreciation!

PLAYSCHOOL PREP FOR TWO'S

This Playschool Prep class is only for age 2!

AGE:2			
19978	Wed	9/11-11/20	9:30-10:30am
19982	Wed	1/8-3/19	9:30-10:30am

R \$132/NR \$158

LOCATION: NKCC
 INSTRUCTOR: TBA

PLAYSCHOOL PREP FOR THREE'S AND FOUR'S

This Playschool Prep class is for 3- and 4-year-olds.

AGE:3-4			
19983	Wed	9/11-11/20	10:45-11:45am
19984	Wed	1/8-3/19	10:45-11:45am

R \$132/NR \$158

LOCATION: NKCC
 INSTRUCTOR: TBA

ART & MUSIC

Story Spark Art For Three's

Our art teacher will read an engaging story and then we will create an art project sparked by what we have read. We'll touch on seasonal stories like The Ugly Pumpkin and Sneezing the Snowman, to classics such as The Little Red Hen and Dragons Love Tacos to newbies like The Artist. Bringing stories to life through mixed media has never been more fun! New stories each week.

AGE:3-4			
20098	Thu	9/19-9/26	9:30-10:15am
20099	Thu	10/10-10/24	9:30-10:15am
20100	Thu	11/7-11/21	9:30-10:15am
20101	Thu	12/5-12/19	9:30-10:15am
20102	Thu	1/9-1/23	9:30-10:15am
20103	Thu	2/6-2/20	9:30-10:15am
20105	Thu	3/6-3/20	9:30-10:15am

R \$30/NR \$36

LOCATION: NKCC
 INSTRUCTOR: TBA

Science Art

AGE:4-5			
20109	Thu	9/12-9/26	10:30-11:15am
20110	Thu	10/10-10/24	10:30-11:15am
20112	Thu	11/7-11/21	10:30-11:15am
20113	Thu	12/5-12/19	10:30-11:15am
20114	Thu	1/9-1/23	10:30-11:15am
20115	Thu	2/6-2/20	10:30-11:15am
20116	Thu	3/6-3/20	10:30-11:15am

R \$48/NR \$58

LOCATION: NKCC
 INSTRUCTOR: TBA



Periwinkle Outdoor Explorers

This school-year, nature-based, 3-day drop-off program is for active children who love to explore the outdoors. With supervision from teachers and a 1:6 ratio, flora, fauna, bugs, and weather lead the activities of the day.

Starts September 10

(No class 11/28, 12/24, 12/25, 12/26, 4/8, 4/9, 4/10)

R \$410/NR \$492 per month. A \$75 deposit is required per year.



Edith Moulton Park
 Tuesday, Wednesday, Thursday • 9:30am-12:30pm
 For information or to register call (425) 587-3350



AGES 3.5 - 5 YEARS OLD





CRESCENDO KIDS PIANO CLASSES

by MOVE OVER MOZART

Piano classes designed specifically to meet your child's development and learning styles. Classes include basic music theory, one-on-one piano time, and activities designed to teach and motivate your child to play their best on the piano keyboard. Piano at home is not required but is recommended. Recitals are scheduled throughout the year. New material each session. One-time materials fee of \$20 due to the teacher on the first day of class. Masks optional. (No class 10/31, 11/28, 11/28, 2/13, 2/18)

AGE: 3½-4

19669	Tue	9/10-12/10	4:10-4:40pm
19670	Tue	9/10-12/10	5:20-5:50pm

R \$252/NR \$302

19674	Thu	9/12-12/12	4:10-4:40pm
19675	Thu	9/12-12/12	5:55-6:25pm

R \$216/NR \$259

19680	Tue	1/14-4/1	4:10-4:40pm
19683	Tue	1/14-4/1	5:20-5:50pm
19687	Thu	1/16-4/3	4:10-4:40pm
19688	Thu	1/16-4/3	5:55-6:25pm

R \$198/NR \$238

AGE: 5-6

19671	Tue	9/10-12/10	4:45-5:15pm
19672	Tue	9/10-12/10	5:55-6:25pm

R \$252/NR \$302

19676	Thu	9/12-12/12	4:45-5:15pm
19677	Thu	9/12-12/12	6:30-7pm

R \$216/NR \$259

19684	Tue	1/14-4/1	4:45-5:15pm
19685	Tue	1/14-4/1	5:55-6:25pm
19689	Thu	1/16-4/3	4:45-5:15pm
19690	Thu	1/16-4/3	6:30-7pm

R \$198/NR \$238

LOCATION: NKCC
INSTRUCTOR: PAMELA CORNELL

PRESCHOOL COOKING

Creating in the Kitchen – Child Only

Your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

AGE: 4-6

19709	Wed	9/11-10/2	2-3pm
19710	Wed	10/9-10/30	2-3pm
19713	Wed	2/5-2/26	2-3pm
19714	Wed	3/5-3/26	2-3pm
19715	Wed	4/2-4/9	2-3pm

R \$60/NR \$72

19711	Wed	11/6-11/20	2-3pm
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R \$45/NR \$54

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS

Cooking with Karen – Holiday Baking

Have fun baking holiday cookies, scones, and other seasonal goodies.

AGE: 4-6

19712	Wed	12/4	2-3pm
19719	Wed	12/4	3:30-4:30pm

AGE: 6-10

20140	Wed	12/11	2-3pm
20141	Wed	12/11	3:30-4:30pm

R \$20/NR \$24

LOCATION: MCAULIFFE PARK
INSTRUCTOR: KAREN RENFROE-GIELGENS



HALLOWEEN

PEE WEE MONSTER BASH

Wear your Halloween costume and come join the fun at the Monster Bash! We'll have fun carnival style games and activities; the monster mash cookie walk, swamp fishing, batty bowling, and more. Each child will collect small prizes at each booth. It is sure to be a kooky, but not too spooky, good time.

THERE ARE NO REFUNDS FOR THIS EVENT.
PLEASE LEAVE STROLLERS AT HOME.
DON'T FORGET TO PREREGISTER AS THIS EVENT ALWAYS SELLS OUT!

FRI OCT 25

10AM-12PM

#19574 • \$16 per child

Age 1-5 • NKCC



PRESCHOOL MOVEMENT & GYMNASTICS

Kids In Motion A

Up and over, under and through, balls and streamers, tunnels and YOU! Meet friends, build confidence, and have FUN developing their large muscle motor skills. This program progresses with your child...they'll be crawling, climbing, balancing, and bouncing! These 45-minute classes are for children only. (No class 11/26)

AGE: 2½-3

19868	Tue	9/10-10/15	11:15am-12pm
19865	Tue	10/29-12/10	11:15am-12pm
19873	Tue	1/7-2/11	11:15am-12pm
19874	Tue	2/25-4/1	11:15am-12pm

R \$57/NR \$68

LOCATION: NKCC
INSTRUCTOR: TBD

NEW FRIDAY FAMILY STEM NIGHTS

See page 25



Little Tumblers 1

FUNDamental tumbling for children on their own. Emphasis is placed on coordination, technique, and FUN! Instruction on floor, beam, and bars. Please dress comfortably in shorts, T-shirts, or leotards. * No clothing with buttons or zippers. (No class 11/27, 11/29, 11/30, 2/14, 2/15)

AGE: 3-4

19881	Wed	9/11-10/16	2-2:45pm
19882	Wed	10/30-12/11	2-2:45pm
19889	Fri	11/1-12/13	9:30-10:15am
19891	Fri	11/1-12/13	10:20-11:05am
19895	Sat	11/2-12/14	9-9:45am
19897	Sat	11/2-12/14	9:50-10:35am
19917	Wed	1/8-2/12	2-2:45pm
19923	Fri	1/10-2/21	9:30-10:15am
19925	Fri	1/10-2/21	10:20-11:05am
19929	Sat	1/11-2/22	9-9:45am
19931	Sat	1/11-2/22	9:50-10:35am
19918	Wed	2/26-4/2	2-2:45pm
19924	Fri	2/28-4/4	9:30-10:15am
19926	Fri	2/28-4/4	10:20-11:05am
19930	Sat	3/1-4/5	9-9:45am
19932	Sat	3/1-4/5	9:50-10:35am

R \$60/NR \$72

19888	Fri	9/20-10/18	9:30-10:15am
19890	Fri	9/20-10/18	10:20-11:05am
19894	Sat	9/21-10/19	9-9:45am
19896	Sat	9/21-10/19	9:50-10:35am

R \$50/NR \$60

LOCATION: NKCC
INSTRUCTOR: JANICE GOEBEL

Little Tumblers 2

This class for children on their own and requires previous tumbling experience. Review tumbling skills and advance to the next level with additional work on all apparatus. Please dress comfortably in shorts, T-shirts, or leotards. * No clothing with buttons or zippers. (No class 11/27, 11/29, 11/30, 2/14, 2/15)

AGE: 4-6

19883	Wed	9/11-10/16	2:50-3:35pm
19885	Wed	9/11-10/16	3:45-4:30pm
19884	Wed	10/30-12/11	2:50-3:35pm
19886	Wed	10/30-12/11	3:45-4:30pm
19893	Fri	11/1-12/13	11:15am-12pm
19898	Sat	11/2-12/14	10:45-11:30am
19919	Wed	1/8-2/12	2:50-3:35pm
19921	Wed	1/8-2/12	3:45-4:30pm
19927	Fri	1/10-2/21	11:15am-12pm
19933	Sat	1/11-2/22	10:45-11:30am
19920	Wed	2/26-4/2	2:50-3:35pm
19922	Wed	2/26-4/2	3:45-4:30pm
19928	Fri	2/28-4/4	11:15am-12pm
19934	Sat	3/1-4/5	10:45-11:30am

R \$60/NR \$72

19892	Fri	9/20-10/18	11:15am-12pm
19899	Sat	9/21-10/19	10:45-11:30am

R \$50/NR \$60

LOCATION: NKCC
INSTRUCTOR: JANICE GOEBEL

Rhythmic Gymnastics Play and Learn

Students participate with their parents and are led by the instructor. Class is formatted as a circuit setting with a fun atmosphere. It is supported with a soft flooring area, safe beams, bars and climbing. Hoops, balls, ribbon, rope, and clubs are part of their play and learning process. Our goal is to further develop motor skills and learn to follow instructions of the parent and teacher. This is very beneficial for their development at an early age. (No class 11/30, 4/19)

AGE: 3-4

19980	Sat	9/7-12/14	11-11:45am
19991	Sat	1/4-4/26	11-11:45am

R \$350/NR \$420

R \$400/NR \$480

LOCATION: LA LUNA GYM
INSTRUCTOR: LA LUNA GYM

PRESCHOOL

Beginners Ballet and Rhythmic Gymnastics

This class is designed for beginners in ballet and gymnastics. We cover the basic positions of classical ballet combined with foundations of rhythmic gymnastics. Class will begin warming up on the floor, then continues to the barre and in center. We will utilize stretching, beautiful dance choreography and rhythmic apparatus such as hoop, ball, ribbon, rope, and clubs. Showcase performances for parents are at the end of the session. (No class 11/30, 4/19)

AGE:4-5

19985	Sat	9/7-12/14	10-10:45am
			R \$350/NR \$420
19992	Sat	1/4-4/26	10-10:45am
			R \$400/NR \$480

LOCATION: LA LUNA GYM
INSTRUCTOR: LA LUNA GYM

Rhythmic Gymnastics Level 1

This is an introductory rhythmic gymnastics class for the youngest beginner. We practice with hoop, ball, ribbon, clubs and rope through the music and dance moves. We will focus on basic positions from ballet and floor gymnastics. The benefits of this class are strength, flexibility, eye-hand coordination, and creativity. Showcase performances for parents are at the end of the session. (No class 11/27, 11/30, 4/16, 4/19)

AGE:4-5

19976	Sat	9/7-12/14	2-2:45pm
			R \$350/NR \$420
19974	Wed	9/11-12/11	3-3:45pm
			R \$325/NR \$390
19987	Sat	1/4-4/26	2-2:45pm
19986	Wed	1/8-4/30	3:00-3:45pm
			R \$400/NR \$480

LOCATION: LA LUNA GYM
INSTRUCTOR: LA LUNA GYM

PRESCHOOL DANCE

Ballet A

This exciting introduction to creative dance emphasizes musical expression, coordination, and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures. Leather-soled ballet slippers required. (No class 11/26, 11/27, 11/30)

BALLET A

AGE:3-4½

20021	Wed	9/11-12/11	11:30am-12:15pm
20025	Sat	9/14-12/14	9-9:45am
20031	Sat	9/14-12/14	11:35am-12:20pm
20054	Tue	9/10-12/10	11:30am-12:15pm
20022	Wed	1/8-4/2	11:30am-12:15pm
20026	Sat	1/11-4/5	9-9:45am
20033	Sat	1/11-4/5	11:35am-12:20pm
20053	Tue	1/7-4/1	11:30am-12:15pm

R \$124/NR \$149

LOCATION: NKCC
TUESDAY INSTRUCTOR: TBA
WEDNESDAY INSTRUCTOR: KATE KINGERY
SATURDAY INSTRUCTOR: ULIANA CLAROS

BALLET B

Older preschoolers and children with previous dance experience will explore musicality, artistic expression, and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures. Leather-soled ballet slippers required. (No class 11/30, 1/27)

AGE:4-6

20023	Wed	9/11-12/11	10:40-11:25am
20027	Sat	9/14-12/14	9:50-10:35am
20035	Sat	9/14-12/14	12:30-1:15pm
20024	Wed	1/8-4/2	10:40-11:25am
20028	Sat	1/11-4/5	9:50-10:35am
20036	Sat	1/11-4/5	12:30-1:15pm

R \$124/NR \$149

LOCATION: NKCC
WEDNESDAY INSTRUCTOR: KATE KINGERY
SATURDAY INSTRUCTOR: ULIANA CLAROS

SNOWFLAKE Ball

Dance the night away with your special guest.

FRIDAY * DECEMBER 6, 2024 * 6:30-8:30PM

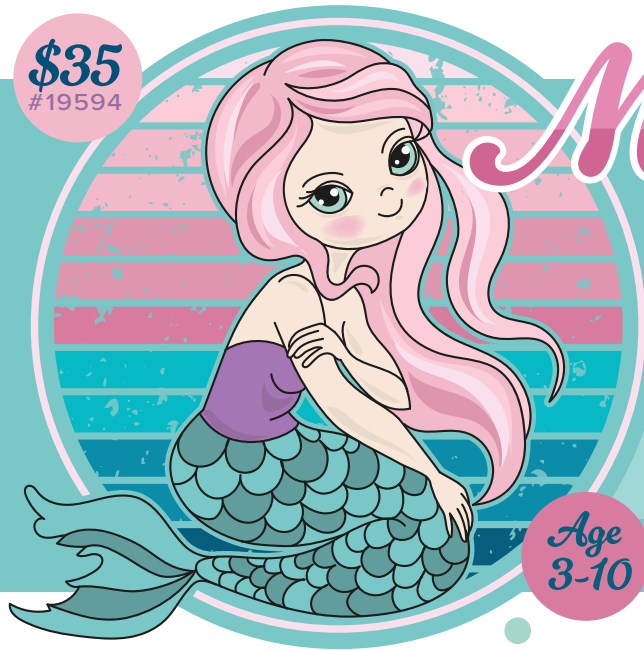
Everyone is invited to participate in this enchanting evening that includes music, a thematic craft, and light refreshments. Dress to impress so the photographer can capture what is sure to be a treasured memory!

\$35 AGE: 3-9 • #19584
NORTH KIRKLAND COMMUNITY CENTER

Sorry, no refunds for this event. PRE-REGISTER SINCE THIS EVENT ALWAYS SELLS OUT! Limited to one escort per child. All genders and gender identities welcome, come with any adult guardian of your choice.



\$35
#19594



3RD ANNUAL Mermaid Ball

• FRIDAY, MARCH 21ST, 6:30-8:30PM

Come along and follow me to the bottom of the sea where we'll join in the Jamboree at the Mermaid Ball! Enjoy refreshments, dancing, a mermaid craft, and a commemorative photo. If you've loved our winter themed ball, wait till you see our "under the sea" theme! Make a splash with your little mermaid and sign up early for this event before it's sold out!

All genders and gender identities welcome.
Limited to one escort per child. Sorry, no refunds for this event.

Age
3-10

• NORTH KIRKLAND COMMUNITY CENTER

Ballet/Tap Combo A

This class will introduce the beginning movements of ballet and tap. Parents may join us for the last class to watch and take pictures. Ballet slippers and tap or dress shoes required. (No class 11/26)

AGE:3-4½

20051	Tue	9/10-12/10	10:40-11:25am
20052	Tue	1/7-4/1	10:40-11:25am

R \$124/NR \$149

LOCATION: NKCC
INSTRUCTOR: TBA

Ballet/Tap Combo B

Ballet and Tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures. Leather-soled ballet slippers and tap or dress shoes required! (No class 11/26)

AGE:4-6

20019	Tue	9/10-12/10	4:40-5:25pm
20020	Tue	1/7-4/1	4:40-5:25pm

R \$124/NR \$149

AGE:5-7

20014	Tue	9/10-12/10	5:30-6:15pm
20018	Tue	1/7-4/1	5:30-6:15pm

R \$124/NR \$149

LOCATION: NKCC
INSTRUCTOR: ULIANA CLAROS

Hippity Hop

IT'S BOOGIE TIME! Students can expect to gain skills in balance, coordination, memory retention and confidence as they dance to the beat of their favorite songs. We will explore big and high energy movement with a focus on attitude, style, and personal expression. Parents may join us for the last class to watch and take pictures. Students of all genders welcome. (No class 11/26)

AGE:3-4

20049	Tue	9/10-12/10	9:45-10:30am
20050	Tue	1/7-4/1	9:45-10:30am

R \$124/NR \$149

LOCATION: NKCC
INSTRUCTOR: TBA



Capoeira

This exciting Brazilian martial art incorporates music and dance with a physical and mental discipline so that participants develop self-confidence and coordination. (No class 9/18, 11/11, 11/13, 11/25, 1/20, 2/17)

AGE:4-6

19542	Mon, Wed	9/4-10/2	5:15-6pm
19543	Mon, Wed	10/7-10/30	5:15-6pm
19544	Mon, Wed	11/4-12/11	5:15-6pm
19545	Mon, Wed	1/6-2/3	5:15-6pm
19546	Mon, Wed	2/5-3/5	5:15-6pm
19547	Mon, Wed	3/10-4/2	5:15-6pm

R \$140/NR \$168

LOCATION: PKCC
INSTRUCTOR: COTY VALDEZ

CAPOEIRA FOR AGES 7-16

See page 22

ASK US
ABOUT OUR
SCHOLARSHIP
PROGRAM
See page 41



SPORTS

Challenger Sports Tiny Tykes

Tiny Tykes is an exciting child development program delivered through soccer. Sessions are focused on learning motor skill development, balance, coordination, concentration, listening skills and teamwork. Children use fundamental soccer activities, games and stories to develop their physical, cognitive, language and social-emotional skills. An additional \$25 uniform will be added. (No class 10/14, 1/20)

TINY TYKES

AGE:2-4			
19730	Mon	9/9-11/4	9-9:35am
			R \$225 /NR \$265
19731	Mon	11/18-12/9	9-9:35am
			R \$125 /NR \$145
19732	Mon	1/6-2/17	9-9:35am
19733	Mon	3/3-4/7	9-9:35am
			R \$150/NR \$180
AGE:5-6			
19734	Mon	9/9-11/4	9:45-10:30am
			R \$208 /NR \$250
19735	Mon	11/18-12/9	9:45-10:45am
			R \$104/NR \$124
19736	Mon	1/6-2/17	9:45-10:30am
19737	Mon	3/3-4/7	9:45-10:30am
			R \$156/NR \$187

LOCATION: NKCC
INSTRUCTOR: JACK DREW

Pee Wee Basketball League

Pee Wee Basketball focuses on fun, participation, and socialization. Develop basic motor skills such as dribbling/ ball handling, shooting, passing/catching, and running/ agility that are needed to participate in organized basketball. Teams will practice and play games on Saturdays. (No games 11/30)

AGE: 3-4			
19570	Sat	10/26-12/7	9:30am-12pm
AGE: 5-6			
19573	Sat	10/26-12/7	12pm-3pm
			R \$96/NR \$115

LOCATION: KIRKLAND MIDDLE SCHOOL

Lil Hoopers Basketball

Lil` Hoopers is an introductory basketball program run in a fun environment! Designed for players to learn the basics of basketball and gain the confidence they need to dribble, shoot, and score! Teams will practice and play games on Saturday. Open to all gender identities. (No games on 1/18)

AGE:5-6			
19599	Kindergarten Coed	1/11-2/22	9am-4pm
AGE:6-8			
19601	1st/2nd Grade Boys	1/11-2/22	9am-4pm
19600	1st/2nd Grade Girls	1/11-2/22	9am-4pm
			R \$108/NR \$129

LOCATION: KIRKLAND MIDDLE SCHOOL

Cereal with Santa

SATURDAY, DECEMBER 14 • 10:30-11:30AM

AGES
2-9
YEARS
OLD

Enjoy breakfast with Santa and choose from a variety of his favorite morning treats. This event will feature a variety of cereal, milks, and refreshments along with a Santa craft, and photo opportunities. Don't forget your camera, Santa will be here! Pajamas are encouraged.

There are no refunds for this event. Don't forget to preregister as this event always sells out!

\$15
CHILD & PARENT
#19593
MUST REGISTER
ADD'L CHILD

NORTH KIRKLAND COMMUNITY CENTER



Skyhawks Skill Academies

This fun, skill-intensive program is designed for beginning players. Using our progression-based curriculum, we focus on the whole player – teaching sportsmanship and teamwork. Youth will learn the fundamentals of passing, shooting, ball handling, rebounding and defense.

INSTRUCTOR: SKYHAWKS

HOOPSTERTOTS (FROGGIES)

AGE:3-4

19823	Tue	10/29-12/3	3:50-4:35pm
19821	Tue	1/7-2/11	3:50-4:35pm
19825	Tue	2/25-4/8	3:50-4:35pm

R \$179/NR \$215

LOCATION: NKCC

HOOPSTERTOTS (KANGAROOS)

AGE:4-5

19824	Tue	10/29-12/3	4:45-5:30pm
19822	Tue	1/7-2/11	4:45-5:30pm
19826	Tue	2/25-4/8	4:45-5:30pm

R \$179/NR \$215

LOCATION: NKCC

SOCCERTOTS (BEARS)

AGE:3-4

19816	Thu	9/19-10/24	3:50-4:35pm
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R \$179/NR \$215

LOCATION: TERRACE PARK

SOCCERTOTS (GRIZZLIES)

AGE:4-5

19817	Thu	9/19-10/24	4:45-5:30pm
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R \$179/NR \$215

LOCATION: TERRACE PARK



Pee Wee Hockey

McVander Hockey is excited to introduce ball hockey to our youngest participants. NO ICE, NO SKATING, and NO EXPERIENCE REQUIRED.

The league is structured in a “team” format, meaning your child will be put on a team of 10, and assigned a coach. The program meets on Saturday mornings. The program is one hour in duration, with the first 30-minutes of the hour devoted to practice. The last 30-minutes are reserved for a friendly, recreational-style scrimmage. Games will be played in the upstairs recreation room at the North Kirkland Community Center. If the weather allows, we may move some games outside to the basketball court.

AGE:3-6

19952	Sat	1/11-2/15	10:30-11:30am
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R \$108/NR \$108

LOCATION: NKCC

INSTRUCTOR: MCVANDER HOCKEY

ICE SKATING CLASSES

See page 22

Mighty Mite Martial Arts

Miller Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility, and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

AGE:4-6

19958	Sat	9/14-10/19	10:30-11am
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R \$80/NR \$96

LOCATION: MILLER MARTIAL ARTS

INSTRUCTOR: MILLER MARTIAL ARTS



SPRING LEAGUE REGISTRATION OPENS

RESIDENTS 2/5 AT 8 AM
NON RESIDENTS 2/6 AT 8AM

VISIT KIRKLANDPARKS.NET
OR CALL 425-587-3350
FOR MORE INFORMATION

Ages
3-6





All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit www.kirklandwa.gov/Recreation for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111.

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 57). Contact EvergreenHealth Community Health Care Access Team at 425-899- 3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her/their Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov 로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at eparks@kirklandwa.gov or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information,




please see our Refund and Cancellation Policies at www.kirklandwa.gov/Recreation.

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (Exception: progressive level transfers directed by program instructor.)
- Visit www.kirklandwa.gov/ParkRentals for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website www.kirklandparks.net will be most up to date.

WATCH FOR THESE ICONS

-  New Program
-  Virtual Program
-  Family Program