

KIRKLAND TEEN UNION BUILDING (KTUB)

We are thrilled to announce the re-opening of the Kirkland Teen Union Building (KTUB) as a teen center. Starting on **Tuesday, September 3**, KTUB will offer free drop-in activities, programs, late-night events, and behavioral health services for middle school and high school aged teens, five days per week (Monday–Friday) and most Saturdays. Learn more at www.kirklandwa.gov/KTUB

Because offerings at KTUB are based on youth input, we are constantly adding new and exciting options. For the most up to date information, visit www.kirklandwa.gov/KTUB, or follow us on Instagram @kirkland.teens.ktub



SAMPLE WEEKLY CALENDAR (ALL FREE FOR MIDDLE SCHOOL AND HIGH SCHOOL AGED TEENS)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|------------------------|---------------------|------------------------------------|-----------------|----------|
| <p>Each weekday we will offer Art, Homework Help, Games, Social Lounge, Recording Studio, and Mental Health Services at no cost.</p> | | | | | |
| <p>Life Skills Classes</p> | <p>Cooking Classes</p> | <p>Movement Day</p> | <p>Explore a New Sport / Hobby</p> | <p>Open Mic</p> | |

Counseling & Outreach

KTUB partners with Youth Eastside Services (YES) to provide an on-site counselor for drop-in support and scheduled appointments. Services are free and include support for mental health, substance use issues, assistance with life challenges, and referral and connection to additional resources as needed.



Katelyn Mullikin is excited to join YES and the KTUB Team providing mental health counseling, substance abuse education, and life skills support at the Teen Center.



She has been working with young people in schools, summer camps, and sports practices for the last ten years; and she recently graduated from the University of Washington with a Master's in clinical Social Work and Public Health. In her counseling practice, Katelyn enjoys learning about her clients' interests, experiences, cultures, and values, to help them achieve their goals. When she's not working, Katelyn enjoys listening to music, running, hiking, and hanging out at the beach- even on a cloudy day. You can drop in to see Katelyn at KTUB or call to schedule a time: 425-517-1380.

4 Tomorrow at KTUB

4 Tomorrow is a youth and Latinx focused organization that provides access to human and mental health services to all communities, especially those marginalized and low income. Community members of all ages can access case management and eviction prevention rental assistance through our Life Services Program, as well as coordination and therapy at no cost. Additionally for youth, we offer affinity group spaces, creative workshops and recording studio time!



4 Tomorrow es una organización centrada en jóvenes y latinos que brinda acceso a servicios humanos y de salud mental a todas las comunidades, especialmente aquellas marginadas y de bajos ingresos. Los miembros de la comunidad de todas las edades pueden acceder a la gestión de casos y a la asistencia de alquiler para la prevención de desalojos a través de nuestro programa de Servicios de Vida, así como a coordinación y terapia sin costo. Además, para los jóvenes, ofrecemos espacios para grupos de afinidad, talleres creativos y tiempo en el estudio de grabación.

Contact information: Info@4tomorrowtoday.org or 425-891-0346

Tentative Hours: M-F from 2:00pm-6:00 pm

Teen Recreation Programs

KTUB will also offer a regular schedule of recreation classes and workshops throughout the year. Programs range from video gaming to painting to learning life skills. While some of our classes have small fees, we always strive to make rates affordable and make scholarships available.

Kirkland Teen Union Building (KTUB)

348 Kirkland Ave
Kirkland, WA 98033

425-587-3370 • ktub@kirklandwa.gov
www.kirklandwa.gov/KTUB

Hours:

- Monday drop-in 3-6PM
- Tuesday drop-in 3-6PM
- Wednesday drop-in 1:30-6PM
- Thursday drop-in 3-6PM
- Friday drop-in 3-6PM event hours 6-9:30PM
- Saturday event hours 5-9:30PM
- Sunday - Closed

Drop In

All middle school and high school aged youth are welcome at KTUB during our open hours of operation. Study with peers, play video games, or catch up with friends. We have many planned and spur-of-the-moment activities from cooking classes to occasional field trips. See schedule on previous page (28) for drop-in activities

SAVE THE DATE

You are invited to celebrate the re-opening of the Kirkland Teen Union Building (KTUB).

Wednesday, September 18, 2024
from 5:30 – 7:30 PM

**JOIN US FOR FOOD, FUN,
GIVEAWAYS, AND MORE**

FOLLOW US ON


Facebook.com/
kirklandteenunionbuilding


@kirkland.teens.ktub

*Subject to change using the guidance of the LWSD Calendar

Teen Night EXTRAVAGANZAS



NO COST EVENTS

On Fridays, KTUB will offer free drop-in night activities, such as game nights, dances, movie nights, concerts, open mic, improv, and more.

The schedule will be posted online at kirklandwa.gov/KTUB and [@kirkland.teens.ktub](https://twitter.com/kirkland.teens.ktub).

Teens Zombie Run

Try your best to survive a zombie outbreak. Each teen will get three flags representing their lives. Then we will have moments of zombie outbreaks throughout the evening. Do your best to survive.

| | | | | |
|-----------|-----|------|-------------|------|
| AGE:11-15 | | | | |
| 19236 | Fri | 9/27 | 5:30-7:30pm | |
| AGE:15-18 | | | | |
| 19237 | Fri | 9/27 | 7:30-9:30pm | Free |

LOCATION: PETER KIRK PARK



Teens Zombie Prom

Prom and Zombies? Yes please! This event will have make-up artists on-site, or you can arrive zombie ready. We will have a DJ and fun zombie related games.

| | | | | |
|-----------|-----|-------|-------------|------|
| AGE:11-15 | | | | |
| 19238 | Fri | 10/25 | 5:30-7:30pm | |
| AGE:15-18 | | | | |
| 19239 | Fri | 10/25 | 7:30-9:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)



Teens-Giving Feast

Teens Celebrate Thanksgiving, with a feast! We will have board games and a Nintendo Switch for Video Games.

| | | | | |
|------------|-----|-------|-------------|------|
| AGES:11-15 | | | | |
| 19240 | Fri | 11/22 | 5:30-7:30pm | |
| AGES:15-18 | | | | |
| 19241 | Fri | 11/22 | 5:30-7:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

Teens Holiday Escape Rooms & Cocoa Bar

Escape rooms are a great way to celebrate the holidays. We will have three different rooms to escape from so bring your friends or make new ones, then work together to decipher the clues to escape the rooms.

| | | | | |
|-----------|-----|-------|-------------|------|
| AGE:11-15 | | | | |
| 19242 | Fri | 12/20 | 5:30-7:30pm | |
| AGE:15-18 | | | | |
| 19243 | Fri | 12/20 | 7:30-9:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

Teens Choice (January)

The KTUB Launch Team will decide what will happen at this teen night. Check Kirklandwa.gov/TeenPrograms, for updates.

| | | | | |
|-----------|-----|------|-------------|------|
| AGE:11-18 | | | | |
| 20013 | Fri | 1/31 | 6:30-9:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)



Teens Whodunit Mystery Night

Each participant will receive a character to portray throughout the night and clues to lead them to discover Whodunit. These were very popular events in the past, so register early to ensure you get a main character.

| | | | | |
|-----------|-----|------|-------------|------|
| AGE:11-18 | | | | |
| 20015 | Fri | 2/28 | 6:30-9:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

Teen's Choice (March)

The KTUB Launch Team will decide what will happen at this teen night. Check Kirklandwa.gov/TeenPrograms, for updates.

| | | | | |
|-----------|-----|------|-------------|------|
| AGE:11-18 | | | | |
| 20016 | Fri | 3/28 | 6:30-9:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)



Teen General / Teen Art Workshops

Teen Art Workshop: Screen Printing

Screen-print your shirts, screen-print your pants, screen-print your backpacks, screen-print your socks! Seriously, you can screen-print a lot of things, so come to this workshop and learn how.

| | | | | |
|-----------|-----|------|-------------|----------------|
| AGE:11-18 | | | | |
| 20005 | Wed | 9/25 | 6:30-8:30pm | R \$31/NR \$37 |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)
INSTRUCTOR: KARLA & LOLETTE

Teen Watercolor Painting Workshop

Watercolor painting is such a great way to find your creative voice without constraints and constrictions. This workshop celebrates individuality in an inclusive space.

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|-----------|-----|------|-------------|----------------|
| AGE:11-18 | | | | |
| 20006 | Wed | 11/6 | 6:30-8:30pm | R \$31/NR \$37 |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)
INSTRUCTOR: KARLA & LOLETTE

Teen Choice Art Workshop (February)

The KTUB Launch Team will decide what art workshop this will be. Check Kirklandwa.gov/TeenPrograms, for updates.

| | | | | |
|-----------|-----|------|-------------|----------------|
| AGE:11-18 | | | | |
| 20007 | Wed | 2/12 | 6:30-8:30pm | R \$31/NR \$37 |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)
INSTRUCTOR: KARLA & LOLETTE

Teen Choice Art Workshop (March)

The KTUB Launch Team will decide what art workshop this will be. Check Kirklandwa.gov/TeenPrograms, for updates.

| | | | | |
|-----------|-----|------|-------------|----------------|
| AGE:11-18 | | | | |
| 20008 | Wed | 3/26 | 6:30-8:30pm | R \$31/NR \$37 |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)
INSTRUCTOR: KARLA & LOLETTE

Teen Cooking Classes: We Nailed It, but Is It Cake?

In each of these cooking classes, we will be attempting to create a realistic cake, like the show, "Is It Cake?" We fully expect success, but we know that even successful bakes sometimes turn into a version of "Nailed It!"

| | | | | |
|-----------|-----|-------|--------------|--|
| AGE:11-18 | | | | |
| 19993 | Sat | 9/7 | 12:30-3:30pm | |
| 19994 | Sat | 11/16 | 12:30-3:30pm | |
| 19995 | Sat | 1/18 | 12:30-3:30pm | |
| 19996 | Sat | 3/22 | 12:30-3:30pm | |

R \$31/NR \$37

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)
INSTRUCTOR: KAREN RENFROE-GIELGENS

TEENS CELEBRATE KINDNESS

Did you know that doing kind acts for other helps you live longer? It's true! Embrace the opportunity to celebrate Random Acts of Kindness Day with us by meeting at Kirkland Teen Union Building and spreading Kindness like glitter. Registration is encouraged but walk-ins are welcome.

TEEN WORLD KINDNESS DAY

| | | | | |
|-----------|-----|-------|-------------|------|
| AGE:11-18 | | | | |
| 20000 | Wed | 11/13 | 6:30-8:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

TEEN RANDOM ACTS OF KINDNESS DAY

| | | | | |
|-----------|-----|------|-------------|------|
| AGE:11-18 | | | | |
| 20003 | Wed | 2/19 | 6:30-8:30pm | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)



FOLLOW US ON



Facebook.com/
kirklandteenunionbuilding



@kirkland.teens.ktub

TEENS TAKEOVER SERIES

Join us for these local adventures just for teens!
 Transportation is provided from KTUB.
 Registration required; bring lunch money and fun money.

BRING LUNCH OR DINNER MONEY



TEENS TAKEOVER MAIZE MAZE @ MARRIS FARMS

Maris Farms is like the Disneyland of Farms, with their Corn Maze, Pedal Cart Track, Candy Cannon, Apple Blasters, Human Foosball, and more!
 Registration is required so that we can properly plan transportation. Don't forget to bring some lunch money for food, snacks, and souvenirs.

AGE:11-16
 20009 Sat 10/12 12-4pm
 R \$53/NR \$53
 LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

TEENS TAKEOVER LEAVENWORTH

We are going to check out the Bavarian town and meet authentic reindeer. Bring your camera and your holiday spirit! Campfires will be warm, but please dress for cold weather as your tour will take place outdoors and Leavenworth can get quite chilly. Registration is required, bring lunch money and additional "fun money" is encouraged.

AGE:11-16
 20010 Sat 12/14 9am-6pm
 R \$79/NR \$94.80
 LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

TEENS TAKEOVER THE SUMMIT & SNOWSHOE

Teens of Kirkland, take a winter walk through the snowy Central Cascade Mountains and enjoy the beautiful scenery, wildlife, and silence of the forests. The Summit rents snowshoes to make your snow-filled travels easy. Included with your rental is a trail ticket to use on the designated trails maintained by The Summit and other locations along Snoqualmie Pass. Registration is required and bring some money for lunch.

AGE:11-16
 20011 Sat 1/4 9am-6pm
 R \$79/NR \$94.80
 LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

TEENS TAKEOVER WILD-LANTERNS @ WOODLAND ZOO

Begin your breathtaking journey through a world of themed lanterns at the Land of Winter Wonders. Witness a magical snow world with glistening ice and picture yourself in one of the world's polar regions.

AGE:11-16
 20012 Sat 1/11 5:30-9:30pm
 R \$53/NR \$63
 LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

TEENS TAKEOVER WINGS OVER WASHINGTON

Take a ride in the state-of-the-art "flying theater" that will transport you on an aerial adventure above one of America's most scenic and beautiful states, Washington.

AGE:11-16
 20017 Sat 3/1 12-4pm
 R \$53/NR \$63
 LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)



MEET AT KTUB

TEEN TRAFFIC COURT

Have you or someone you know just been given a traffic ticket by a Kirkland Officer? Do you want it taken off your record? The Kirkland Youth Council, in cooperation with Kirkland Municipal Court, runs the monthly Teen Traffic Court (TTC) program. TTC offers Kirkland teens the opportunity to have moving violations heard in front of a judge and jury of their peers.

Teens that have been issued a notice of infraction by jurisdictions served by Kirkland Municipal Court (Clyde Hill, Hunts Point, Yarrow Point, Woodinville, and Kirkland) are eligible for the program. Once the assigned penalty has been completed, the ticket is removed from the person's driving record.

To sign up for TTC, eligible students must file a request in person at the Kirkland Municipal Court (11740 NE 118th Street). Teens must complete a registration form and provide student ID at the Court. For questions, please call the Kirkland Municipal Court, 425-587-3160 or Kirkland Youth Services, 425-587-3323.



Self Defense for Teen Girls – Moms Optional

This 3-hour class will educate teen girls about potentially risky situations: dating violence, how assailants target and test potential victims, personal safety, and more. Students will learn strikes to vulnerable targets, releases from grabs, and how to safely remove oneself from threatening situations. This class is intended for people of marginalized genders, cis and trans women, as well as non-binary folks and trans men. This class centers on the experiences of women and all people who have lived experiences of misogyny. If mothers attend with teens (not required) they must also register and pay for program.

AGE:14-19

| | | | |
|-------|-----|------|-----------------|
| 19802 | Sat | 2/22 | 1:45-4:45pm |
| | | | R \$89/NR \$107 |

LOCATION: NKCC

INSTRUCTOR: STRATEGIC LIVING, LLC

VolunTeens Community Service

Teens Removing Invasive Species (R.I.S.)

Gardening is great for your mental health so we'll be removing invasive species from nature as well as from our brains.

AGE:11-18

| | | | |
|-------|-----|---|-------|
| 20122 | Wed | 9/25, 10/16, 11/6, 11/30, 12/4, 1/8, 2/5, 2/26, 3/5, & 3/26 | 3-5pm |
| | | | Free |

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

Teens Choice

The KTUB Launch Team will decide where to spread our community service. Check Kirklandwa.gov/TeenPrograms, for updates.

AGE:11-18

| | | |
|-------|-------|-----|
| 20123 | 11/30 | TBD |
|-------|-------|-----|

Free

LOCATION: KTUB (KIRKLAND TEEN UNION BUILDING)

FRIENDSHIP \$5 Adventures

Halloween Spooktacular Dance

Come in costume for an evening of fun! Dinner, beverages, great music (by DJ Gaylen), dancing and photos!

Access drop-off time 5:30pm, access pick up window 8-8:30pm. Pre-register on-line for all activities at www.friendshipadventures.org/events

| | | | | |
|---------|-----|-------|----------|--|
| AGE:18+ | | | | |
| 19693 | Sat | 10/26 | 5:30-8pm | |

Family Bingo Night

Come for an afternoon of fun and prizes! Snack and beverages will be provided.

Access drop off time 2pm, pick up window from 3:45-4:15pm. Pre-register and pay online at www.friendshipadventures.org/events or RSVP by email and pay at the door.

| | | | | |
|---------|-----|-------|-------|--|
| AGE:18+ | | | | |
| 19694 | Sun | 11/10 | 2-4pm | |

Questions? Contact maureen@friendshipadventures.org or 425-555-3132

No charge for family, volunteers, and caregivers.

Location: NKCC





All Are Welcome

The City of Kirkland is committed to offering programs and services that are inclusive and where people from all backgrounds feel a sense of belonging, regardless of race, gender identity, gender expression, sexual orientation, socioeconomic position, or physical/cognitive ability.



Please visit www.kirklandwa.gov/Recreation for our inclusion policies. Kirkland Parks and Community Services is committed to accommodating people with disabilities and will make every reasonable effort to ensure that programs and services are accessible. To request an accommodation, please call us at 425-587-3300. TTY/TTD 425-587-3111.

Alternate Formats: Persons with disabilities may request materials in alternative formats. Persons with hearing impairments may access the Washington State Telecommunications Relay Service at 711.

Kirkland Parks and Community Services staff are unable to provide personal care (feeding, toileting assistance, giving medications, transfers, etc.). Participants in need of personal assistance are encouraged to participate with a caregiver. Older adults with care needs may be eligible for community-based programs, such as adult day care centers (see page 57). Contact EvergreenHealth Community Health Care Access Team at 425-899- 3200 for other options.

Inclement Weather

The safety of program participants and staff is the primary consideration when determining whether programs should be canceled, rescheduled, or modified due to inclement weather, excessively high or low temperatures, poor or icy road conditions, poor air quality, or other events which may jeopardize safety. The City of Kirkland typically follows the lead of the Lake Washington School District when determining cancellations during the school year. When school is not in session, City staff will evaluate conditions and make the appropriate decision to cancel or delay programs. When air quality levels in Kirkland are deemed unhealthy according to the Environmental Protection Agency's (EPA) website www.airnow.gov, all outdoor programs will be canceled or rescheduled. Additionally, the Peter Kirk Pool will be closed, and beaches will not be staffed by lifeguards. Refunds will be considered on an individual program basis but are not guaranteed. Our inclement weather hotline is 425-587-3335.

Title VI

Kirkland's policy is to fully comply with Title VI of the Civil Rights Act by prohibiting discrimination against any person on the basis of race, color, national origin or sex in the provision of benefits and services resulting from its programs and activities. Any person who believes his/her/their Title VI protection has been violated may file a complaint with the City.

To request an alternate format, file a complaint or for questions about Kirkland's Title VI Program, contact the Title VI Coordinator at 425-587-3011 or titlevicoordinator@kirklandwa.gov.

Para pedir un formato alternativo, presentar una queja o si tiene preguntas sobre el Programa del Título VI de Kirkland, comuníquese con el coordinador del Título VI llamando al 425-587-3831 o en titlevicoordinator@kirklandwa.gov.

Para solicitar um formato alternativo, registrar uma reclamação ou tirar dúvidas sobre o Programa Título VI de Kirkland, entre em contato com o Coordenador do Título VI pelo telefone 425-587-3831 ou em titlevicoordinator@kirklandwa.gov.

Чтобы запросить другой формат, подать жалобу или задать вопросы о программе Title VI г. Киркланда, свяжитесь с координатором по номеру 425-587-3831 или по электронной почте titlevicoordinator@kirklandwa.gov.

如需获取其他格式、提出投诉或对柯克兰的第六章计划 (Title VI Program) 有疑问, 请致电 425-587-3831 或发送电子邮件至 titlevicoordinator@kirklandwa.gov 与第六章协调员联系。

Để yêu cầu một định dạng khác, nộp đơn khiếu nại hoặc nếu có câu hỏi về Chương Trình Tiêu Mục VI của Kirkland, hãy liên hệ với Điều Phối Viên Tiêu Mục VI theo số 425-587-3831 hoặc titlevicoordinator@kirklandwa.gov.

다른 형식을 요청하거나, 민원을 제기하거나, 커클랜드의 제VI편 프로그램 (Title VI Program)에 관한 문의 사항이 있는 경우, 전화 425-587-3831번 또는 이메일 titlevicoordinator@kirklandwa.gov 로 제VI편 코디네이터에게 문의하십시오.

Refunds / Cancellations / Transfers

- To request a transfer or cancellation, please email us at eparks@kirklandwa.gov or call 425-587-3330.
- Some programs have specific cancellation requirements outside our general cancellation policy listed below. For detailed information,

please see our Refund and Cancellation Policies at www.kirklandwa.gov/Recreation.

- Refunds are granted if a request is made at least five business days prior to the start of a program, less a \$10.00 administrative fee applied to each program withdrawn.
- A 50% refund of the registration fee will be granted for program withdrawal requests received less than five business days prior to the start of program.
- Please note: Programs paid by check or cash will be refunded by check. No refunds will be given for programs that cost less than \$10.00.
- No refunds will be issued on or after the first day of program.
- Online enrollments resulting in withdrawals are subject to cancellation policies listed above.
- A 100% refund will be given if a program is canceled by Kirkland Recreation.
- Transfers must be requested five business days prior to the start of a program. (Exception: progressive level transfers directed by program instructor.)
- Visit www.kirklandwa.gov/ParkRentals for facility rental cancellation and change policies.
- Community Center Special Events: Unless otherwise noted, event tickets will be available until 5pm seven business days prior to the event. No tickets will be sold the day of the event. Event tickets are not refundable or transferable.

Disclaimer

This schedule of activities is published for informational purposes only. We strive to produce the most accurate guide possible. However, some program information may have changed after this guide has gone to print. We will make every effort to notify participants of the changes. Our website www.kirklandparks.net will be most up to date.

WATCH FOR THESE ICONS



New Program



Virtual Program



Family Program